ABSTRACT

The present invention provides a video distribution system and a video distribution method that can update video data to be distributed after distributing a distribution list to a user terminal. A distribution list generating processing unit 22

5   generates a distribution list that includes the link name linked to the video data as a distribution request destination. The link list generating processing unit 23 generates a link list that is a correspondence list between the link name and the video data file name corresponding to the link name. The link list updating processing unit 24 updates the video data file name corresponding to the link name in the link list to another video data

10   file name depending on the distribution conditions.